

The Word of God Blesses Us

Introduction

Psalms 119 opens with words about happiness for our comfort and encouragement. Everyone is searching for happiness, but the Word of God tells us that only true happiness can be found in godliness. The world is searching for joy and happiness in sinful activities and they only end up finding misery, but in this lesson we learn that godly people are the truly happy people.

1. Blessed are the undefiled in the way, who walk in the law of the Lord.

- The word “*Blessed*” refers to enjoying spiritual happiness that comes from being in a right **relationship** with God.
- “*Undefiled*” is a word used to describe the character of someone not without sin, but someone who is **sincere** in their heart towards God.
- The phrase “*the way*” refers to the **course** of life we all choose to live.
- True happiness can be found when we walk through life **surrendered** to God's Word.

2. Blessed are those who keep His testimonies, and who seek Him with the whole heart.

- A double blessing comes from an outward holy life is supported by an inward **passion** for God.
- Godly happiness does not come from **legalistic**, external performance.
- True happiness also comes from a combination of outward obedience to God's Word and internal **affection** towards God Himself. (Deut 6:5)

3. They also do no iniquity: they walk in his ways.

- The character of the righteous; is that they do that which is **right**.
- This was not the character of the righteous from their birth. Their once was a **time** when they were doing nothing but iniquity.
- Walking in the “ways” of God, brings both pleasure and **profit**.

4. Thou hast commanded us to keep thy precepts diligently.

- The word *diligently* means **hard**-working, attentive, careful.
- The **authority** of God, commands the child of God to be diligent when obeying Him.
- The children of God are to go after God's Word without **reserve**.

5. O that my ways were directed to keep thy statutes!

- A child of God cannot keep God's statutes (Law) as God would have them kept, but the child of God **desires** to do so.
- Our work (Obeying the Word of God) is not left upon our own **power** or might, we have the Spirit of Grace. "*Without Him we can do nothing...*"

6. Then shall I not be ashamed, when I have respect unto all thy commandments.

- Sin brings shame, and when sin is gone, the reason for being ashamed is **removed**.
- When a person **respects** God and His commandments, then he will have respect for himself and God will respect for him also.

7. I will praise thee with uprightness of heart, when I shall have learned thy righteous judgments.

- A person who **prays** for holiness will one day praise for happiness.
- A proper instruction in God's Word **prepares** us to praise the Father.
- It is **easy** to praise God in word and in tongue, but some have learned to praise Him with "*uprightness of heart*". - M. Henry

8. I will keep thy statutes: O forsake me not utterly.

- In this verse we see **resolve** joined together with dependence.
- A Christian should be firm in his purpose, but distrustful of his own **strength**.
- The longer a Christian serves the Lord, the more he recognizes his **need** of God's divine grace and help.

All human books grow stale after a time; but with the Word of God the desire to study it increases, while the more you know of it the less you think you know.

C. Spurgeon